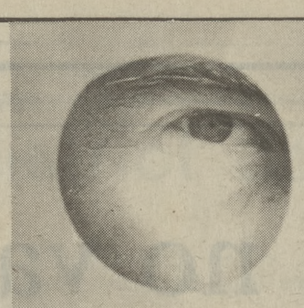
10-11-84

Eyeing science in Valley's labs

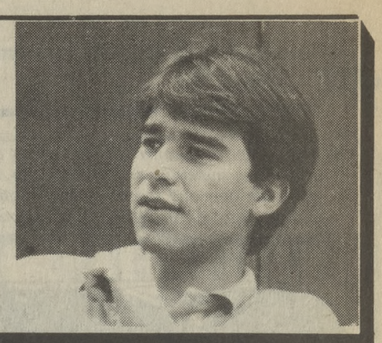
See page 4



Blood drive
8 a.m. to 12:45 p.m.
today and tomorrow
in Monarch Hall

Ulibarri at your service

See page 3



Vol. 36 No. 7
Los Angeles Valley College

Valley Star

Thursday, October 11, 1984
Van Nuys, California

Faculty, staff, students push Board to resolve raises, aid

By KEN McCALL, Staff Writer

More than 500 faculty and staff members from the nine L.A. Community College District colleges demanded a pay increase at yesterday's Board of Trustees' meeting.

At the same meeting, students demanded an explanation about the lengthy delays in the district-directed processing of financial aid applications.

The protesters, members of the Staff and Faculty Guilds of the American Federation of Teachers (AFT) union, waved placards and chanted slogans in front of the downtown offices before the meeting began.

For the past four months, the faculty guild has been in negotiations with the district for the pay increase. The staff guild, in addition to demanding the pay increase, are trying to negotiate a district contract.

Since 1981, faculty members have received only a 3½ percent raise, and classified staff have received 3.7 percent.

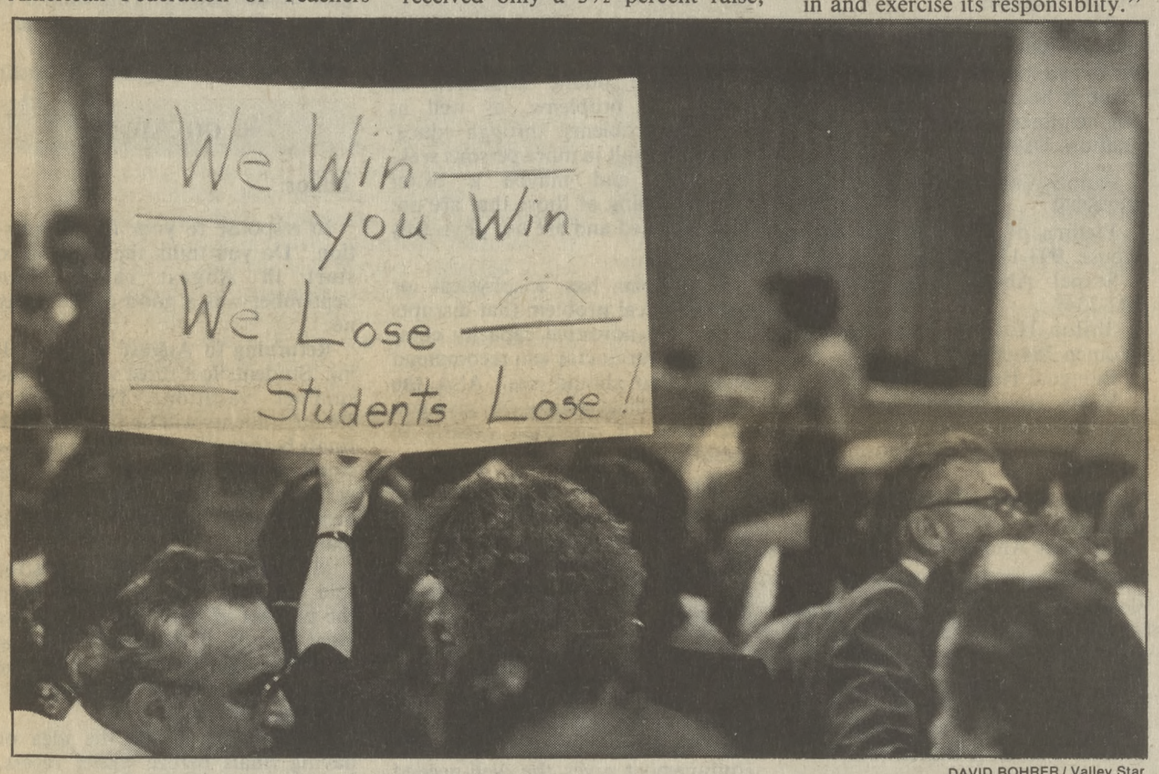
"It was a very small pay raise," said AFT President Hal Fox, before entering the building. He characterized it as "inadequate."

John McDowell, instructor at L.A. Trade Tech and picket captain said, "Our basic message is simple. We hold the Board of Trustees responsible for the stalled negotiations. We've been talking to Board staff and we want the Board to step in and exercise its responsiblity."

Approximately two dozen AFT chapter chairs, representing both faculty and staff from each college, along with AFT officials went inside the jammed board room to express their grievances.

With frequent applause and cheers from fellow members, speakers again and again expressed anger and frustration over inadequate pay raises, lack of progress in negotiations, and deteriorating working conditions.

(Please See PROTEST, Page 3)



DAVID BOHRER / Valley Star

DENISE MORGAN / Valley Star

(Left to right) AFT union members picketed the LACCD Board of Trustees meeting yesterday. Valley's Barbara Kleinschmitt, AFT staff guild president, makes a demand for a pay raise. L.A. City College staff employee Dora Green, reviews agenda of speakers.

DAVID BOHRER / Valley Star

Homecoming

Clubs bail out event

By EUGENE HERNANDEZ, Assoc. News Editor

The theme of this year's Homecoming on Nov. 3, 'Never Give Up,' has proven to be appropriate in light of ASU's budgetary obstacles in presenting the event.

"If anything, Homecoming will be different," said Frank Tullo, ASU vice president. "This year ASU is working under a strained budget, and it's a wonder that there will be any Homecoming events at all.

"Because the band and cheerleaders were cut from the school's budget, ASU had to become creative in their plans for this event," he said.

An Olympic-style parade will be a big part of the festivities at halftime. Tullo said that each club will have an opportunity to sponsor a float. Also, each sport team that competes at Valley will be represented in the parade.

Monroe High and possibly Grant High will supply the band music at halftime. "I'm happy that they are, because it helps keep the expenses down and these days bands are so expensive," said Tullo.

According to Dorothy Kaplan, treasurer for the executive council, "Finding money was the hardest task. To locate funds while not hurting other programs was a great challenge to say the least."

Kaplan said that the previous council did not include money for the homecoming events in their budget.

"We were working under their budget, and they left us with nothing. Plus the added burden of no longer having a band or a cheerleading squad for the football games left us a mess to contend with."

The absence of traditional funds and the cutbacks left the Homecoming Committee in a bind. Expenses such as renting Monarch Hall, plus decorations, security, and cleaning costs, which would range from $300 to $500, had to be covered.

"I don't know what happened, but we have had great interest and enthusiasm by clubs and their members to help out with the Homecoming problem," Kaplan said."

Tullo was enthusiastic in describing the assistance.

"We are going to have 30 former cheerleaders plus five or six from last year's squad helping to lead cheers during the football game," he said.

"It is all at their own expense because each cheerleader from last year is spending anywhere from $175 to $200 for their uniforms."

The crowning of the homecoming king and queen will also take place. Kaplan said applications for candidates will be available Oct. 15 in CC100. Deadline for turning in applications is Oct. 22 at 2 p.m. at the same location. All candidates must attend a special meeting on Oct. 24 in CC104 or be disqualified.

"We anticipate great interest for these positions and hope to have a good turnout. It should be fun," said Kaplan.

Tullo expects a crowd of about 1,000 spectators for the game and at least 200 at the dance. Rob MacCulley will be the DJ along with a "virgin" (no hard liquor) bar. Admission will be free to ASU members and $1 for others.

Teacher burnout: syndrome signals growing trend in stressed out system

By KEN McCALL, Staff Writer

Burnout.

It's a word we often hear these days in the media and in conversation. It's a word that's used to describe anything from a mild case of overwork to a serious nervous breakdown. It's a word that brings to mind deep-circled, bloodshot eyes, hair-trigger tempers and icy apologies about regulations.

But since Christina Maslach first used the term to describe a syndrome she had begun to perceive slightly over a decade ago, her pioneering research and the work of a few others has clearly shown that "burnout" is a serious and widespread problem among the nation's doctors, nurses, therapists, counselors, police, emergency workers, social workers and teachers; a problem that is affecting people in all walks of life from the streets of Manhattan to the classrooms of Los Angeles Valley College.

Maslach, who is an associate professor of psychology at U.C. Berkeley, began her work on burnout there in the early 1970's and has since become a leading authority in her field. Although she began speaking publicly about burnout in 1973, it was the response to a 1976 article in *Human Behavior* magazine, describing her concept of the burnout process that convinced her she had uncovered a significant problem.

Maslach received thousands of letters and telephone calls from people all over the United States and Canada wanting to have more information, help with their problems, and simply expressing their relief that at last someone was talking about the subject.

In her book *Burnout—The Cost of Caring*, Maslach defines burnout as "a syndrome of emotional exhaustion, depersonalization, and reduced personal accomplishment that can occur among individuals who do 'people work' of some kind."

One teacher described his feelings of burnout to her in this way:

"A teacher can be compared to a battery. At the beginning of the school year, all the students are plugged in and drawing learning current. At the end of the school year, the battery is worn down and must be recharged. Each time the battery is recharged it is more difficult to get it to hold its charge, and eventually it must be replaced. That is when complete burnout has taken place."

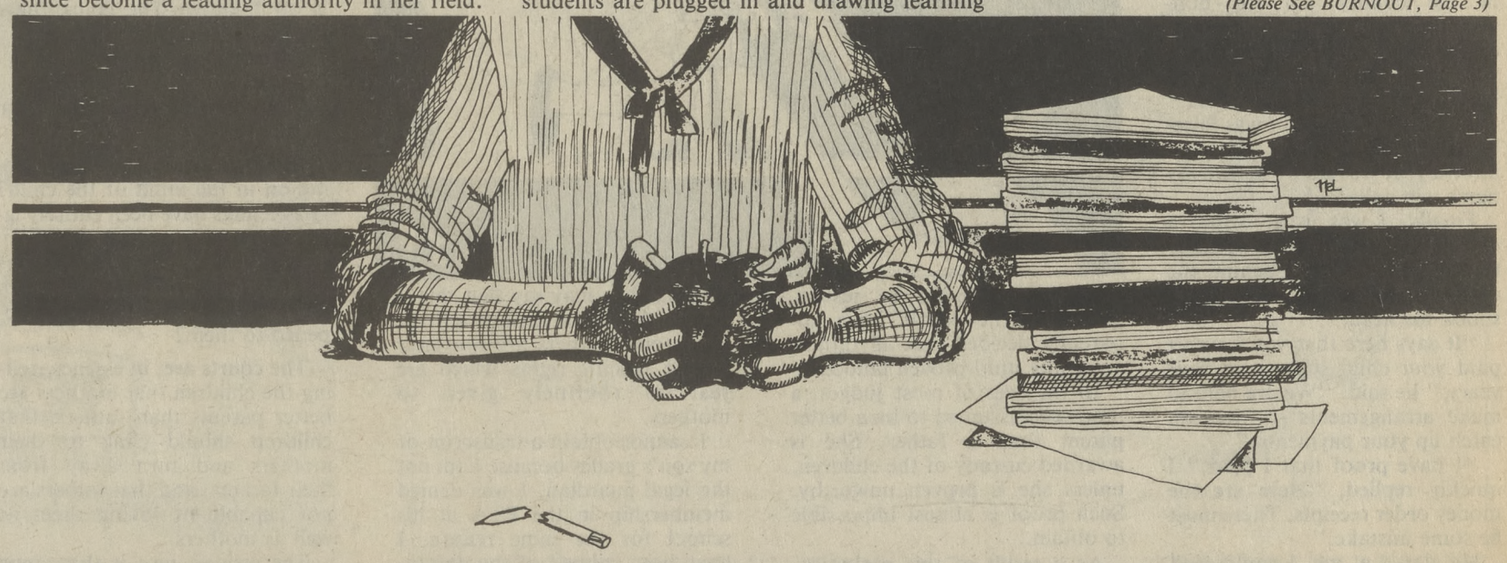
Ray Wilson, Valley broadcasting teacher and president of the faculty senate, has his own definition of the syndrome.

"Burnout is when you cease to be inspired by what you're doing," he said.

"One of the nice things about teaching is that you look forward to coming to class and talking to your students because you get feedback from them and you see them improving.

"When the time comes that you don't go to class with this anticipation, when you're not as enthusiastic about teaching a class, when you don't spend as much time creating something interesting for the students or updating your material, this is what most teachers refer to as the burnout period."

(Please See BURNOUT, Page 3)



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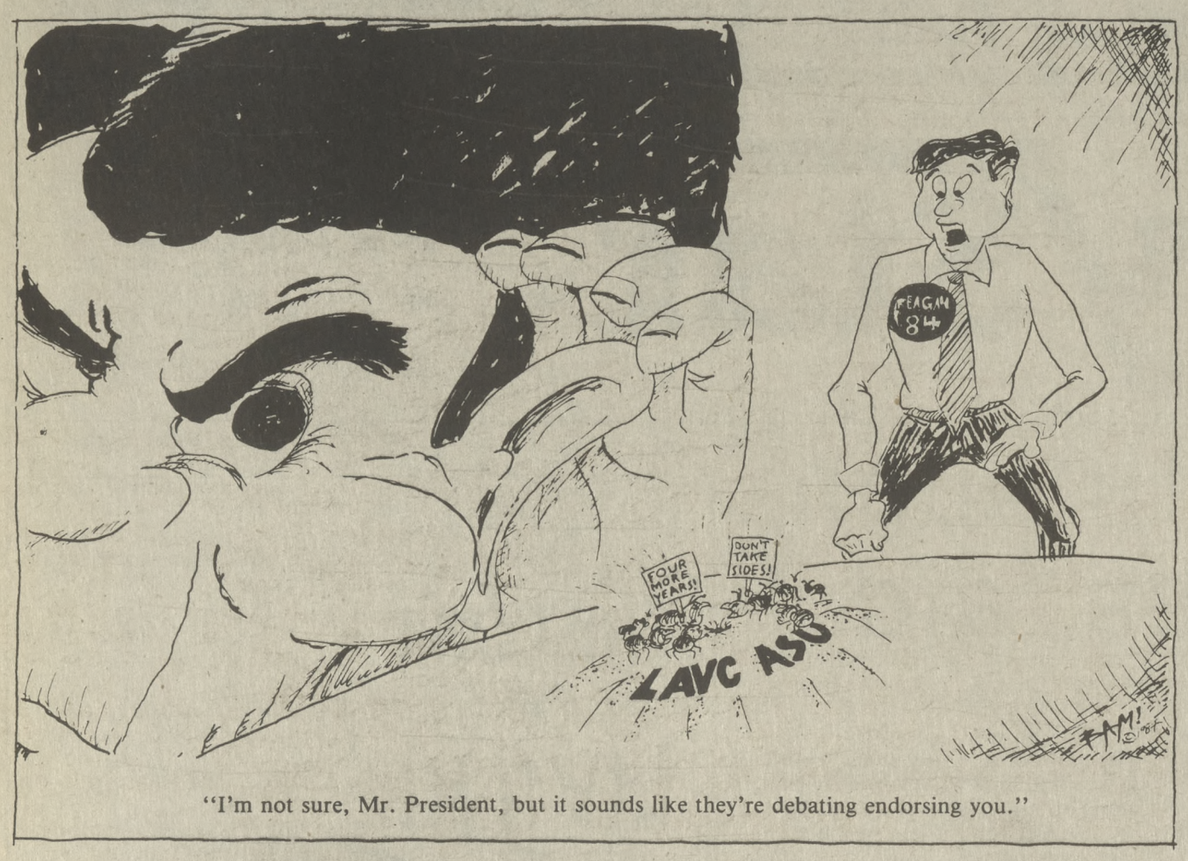


"I'm not sure, Mr. President, but it sounds like they're debating endorsing you."

No vote, no validity

The idea of having a student representative on the L.A. Community College Board of Trustees is one which is conceptually valid, but, unfortunately, is not working in practice.

The problem with the student trustee position is that it is basically useless. The student representative, unlike the other board members, has no vote. The position is the district's token answer to the demand for student input in the board's decision-making process.

Because the student trustee is virtually powerless to effect any change whatsoever in the district, it has become increasingly difficult to find quality candidates willing to run for the seat.

This year, the opening of the student trustee nominations attracted only a minimal amount of student body attention.

Out of almost 20,000 students, Valley could only come up with two people to run for the position. One did not campaign at all. The other pasted pictures of himself in his football uniform on paper towels and hung them around campus with his assertion that he "loves" us.

L.A. Pierce College, which has about the same number of students as Valley, had three candidates. They received a total of 59 votes.

We are now faced with the spectacle of sending to the district for consideration as student trustee a 54-year-old would-be football player who admittedly is short on the experience necessary to become part of the board. In fact, his only experience in student government is the one semester he served as commissioner of athletics on Valley's Associated Student Union Council.

He got 61 votes out of the 108 cast here.

The core of this problem is not so much student apathy as student awareness. Quality students do not apply for and actively campaign for this office because they are aware that, if elected, they would be mere figureheads on the board.

And since there is no active campaigning for the office, voting numbers are consistently low throughout the district.

It is clear that a change must be made. Ideally, the district would recognize that the student trustee's voice is just as important as that of other board members, and should be given voting privileges.

If not, we should recognize the annual student trustee elections for the charade that they are and eliminate the post entirely.

Letters to the Star

P.E. practices

Editor:

I would like to clarify some issues reported in the Valley Star regarding the surplus of physical education teachers.

We are angry over rhetoric concocted to justify the elimination of positions in this discipline. Simply stated, physical education instructors have been selected as the expendable item as budget reduction dismantling of our community colleges continues.

It becomes additionally insulting when retraining is implemented and individual conferences held to seek our advice on efficient methods of eliminating our own positions.

The mechanics to solve a dilemma created by shortfall financing are available to the chancellor, presidents and community college board. The union can cooperate and adjust agreements that would preserve the sound educational philosophy which originally established this discipline in public education.

Research has established scientific evidence of longevity increased through exercise. A systematic exercise program four times a week sustaining heart target levels beyond five minutes combined with the lowering of animal fats in the diet will enable one to live a longer, happier, less stressful existence than one who does not participate in these activities.

To reduce the opportunity for students at the college level to be informed or practice these physiological behavioral alternatives is simply disastrous to the well-being of our citizenry.

Adults prefer individual self-realization activities. Sacramento legislators have eliminated many of these offerings without any educational aim, principle, or philosophy. The basis of all education is fast becoming "can we afford it" rather than using all the resources at our command to better our nation.

We in the field have the answers. The question is will we continue to be the discipline chosen to be eliminated by our own community college board? This board is capable of being at the forefront of leadership in this nation in respect to salvaging educational principles.

"Commitment to excellence," if not a hollow phrase, is the key to the salvation of physical education and subsequently all public education.

Nick Giovinazzo
Professor, Health, Physical Education and Recreation

Victim assistance

Editor:

Often a week is deemed special in order to commemorate an event that is interesting, amusing, politically beneficial, or ethnic in nature. I would like to bring to everyone's attention that this week has been dedicated to a topic that is too often, too much a part of our lives. To an "event" that crosses the boundaries of ethnicity, age, religion, and social class.

This week marks "National Domestic Violence Awareness Week." An event that occurs in more than half our marriages and to an overwhelming majority of us in our pre-marital relationships.

Statistics vary because of the social stigma attached to the victim of "domestic violence," thus causing many incidents to go unreported. But the figures that are available reflect a problem of enormous scope.

It happens most often to women, but attacks and counter-attacks toward men are on the rise. One out of four girls will be sexually assaulted before 18 years of age, one out of every 11 boys will have a similar experience. The assault most often comes from a member of the child's own household. General cases of child abuse and neglect mount everyday.

If you are a victim (or an aggressor who recognizes a problem) or if you know of someone who is, there is help available. The following helplines provide care and information. Use them.

Family Violence Center of SFV 887-6589
Victims of Physical and Sexual Abuse 993-1139
Sexual Abuse Incest Hotline 342-3349
Shiloh-Hotline for Battered Women 784-6894
Bilingual Helpline 780-9727
Valley Hotline (SFV Community Mental Health Center) 989-5463
Parents Anonymous (213) 371-3501
Child Abuse 72-Hour Shelter 989-3157
Families Anonymous 785-7705

For more help or information, please see me or call me at my ASU office. If you are a victim of domestic violence, you need not be alone in your pain. I know how you feel; you see, I've been a victim myself and every three minutes another woman is beaten too.

Laura Leganza
ASU Commissioner, Women's Concerns

Mental health

Editor:

Increased public awareness of psychiatric problems, as well as physical problems, through education will result in more persons seeking help and maybe a better understanding of those that are not well adjusted and are not physically well.

If anyone has a physical or psychological problem that disrupts his or her adjustive capacity completely, your doctor can recommend whom you should see. Also the county medical society can give you the name of qualified experts in these fields.

We can be most valuable to those not well adjusted and also perhaps may have medical problems by education, empathy, and kindness, and by being well adjusted ourselves.

It has been proven, according to various teachers, by actually following through with treatment prescribed by the psychiatrist that love, appreciation, praise, and encouragement gives the well-needed boost. Also, there are many different students with different temperaments and personalities that the teacher needs to recognize and give needed aid to. This should be done until the end of the semester!

Charlotte Rosko

No on August

Editor:

In response to your forum question "Do you think the decision to start in August rather than September was a good one?" I say no.

Returning in August was appalling. Students lost three weeks of the summer vacation. The district claims students will be finished with finals before winter recess, and now students will be able to transfer easier to the universities. This may benefit some, but it is not the real reason.

My human relations instructor told our class that the district is in the process of initiating a trimester (year round). If the district is going to disrupt our lives by cutting the summer and change the semesters, let's have the truth.

Even though I like the idea of having finals before winter recess, I'd rather have my well-needed and wanted summer left intact.

Edward Giesler

Cold climate in the courts for fathers

By RONN CROWDER, Sports Editor

I was directed to a dimly-lit hallway to wait. A foul stench permeated the place. Forty or so men crowded the passageway in nervous anticipation. The lucky ones had lawyers with them. They were called first. Some of us would wait for hours.

The only women present were attorneys working for the court. The men in the hall had one thing in common besides gender. They were all divorced fathers.

The faces of the men belied their inner thoughts. Some were distraught, near tears. Others were defiant, exhibiting macho facades—those were the young ones.

Posted on a bulletin board in the hall was a photocopy of a newspaper story. It told of a man who was sentenced to six months in the county jail for non-payment of child support. Several men read the article and walked away, shaking their heads. The scare tactic worked.

I was fighting mad. I was falsely accused and couldn't afford an attorney. It was hours before my name was called.

Finally, I was ushered into a cubicle and told to sit. The assistant district attorney behind the desk surveyed my file. He silently shook his head.

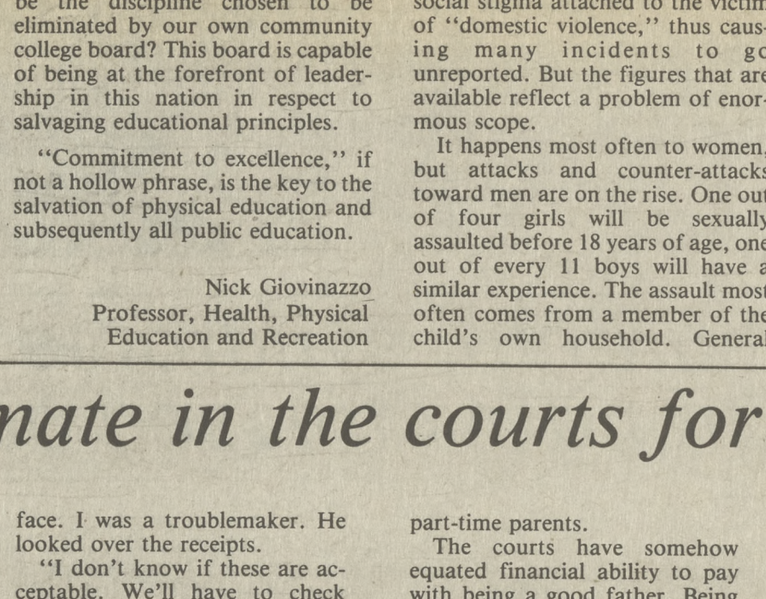
"It says here that you haven't paid your child support in four years," he said. "We are here to make arrangements so you can catch up your payments."

"I have proof that I paid," I quickly replied. "Here are the money order receipts. There must be some mistake."

He glared at me. I could read his thoughts by the look on his face. I was a troublemaker. He looked over the receipts.

"I don't know if these are acceptable. We'll have to check with the court in Tennessee. You will be notified when to return to court," he said. Six agonizing months later, the case was dismissed.

Admittedly, some fathers do not pay their rightful share and



should be brought to justice. However, the courts have apparently decided that all fathers are guilty until proven innocent.

In the eyes of most judges, a mother is assumed to be a better parent than a father. She is awarded custody of the children, unless she is proven unworthy. Such proof is almost impossible to obtain.

As a result of this prejudice, fathers are relegated to being part-time parents.

The courts have somehow equated financial ability to pay with being a good father. Being poor does not make a poor father. Those of us who come from poverty-ridden families can tell you that families are usually brought closer during hard times.

Love and father-child relationships have been ignored by the courts. They may say that this is not so, but their actions tell the true story. Fathers are routinely denied specific rights which are just as routinely given to mothers.

I cannot obtain a transcript of my son's grades because I am not the legal guardian. I was denied membership in the PTA at his school for the same reason. I have been robbed of the day-to-day relationship with my son, the sharing of his progress, his triumphs, and his defeats.

On four occasions since our divorce, my ex-wife has disappeared with my son. Once, I waited more than six months before she contacted me. Twice, I had to track them down through mutual friends or relatives. On another occasion, I traveled over a thousand miles and would not have found them without bribing a school board secretary for my son's address.

On each of these occasions, I contacted the court about my being denied visitation rights. They first asked if my child support was current, then did nothing.

At this time, my son's whereabouts are unknown to me. He is somewhere in Texas. That is all I know. The courts have stacked the cards against me.

I feel sorrow. Futility.

Rage.

How dare they keep me from my son!

Most importantly, what is going on in the mind of the child? His feelings have been entirely ignored by the courts.

Children of divorced parents are the real victims. How can they understand what has happened to them?

The courts are, in essence, telling the children that mothers are better parents than fathers, that children should cling to their mothers and turn away from their fathers, and that fathers are not capable of loving them as well as mothers.

The saddest part is that some children believe it.

LETTERS

The Valley Star is happy to receive and, if possible, publish letters from its readers.

Star reserves the right to condense all letters for space considerations. Submitted letters should be limited to 350 words. Letters are subject to editing if they are obscene, libelous, or make racial, ethnic, or religious denigrations.

Letters should be signed and, if applicable, should include student's major and ID number. Letters may be presented in the Valley Star office, Business Journalism 114, by 11 a.m. Monday for the following Thursday.

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Protest at district board meeting

(Continued from page 1)

The first speaker, Consuelo Rey from East L.A. College, said,"We want a significant raise. We don't want any excuses or sad stories. We are three years overdue for a raise and we're here to collect."

Sylvia Lubow, AFT chapter chair from Valley, said that according to an AFT budget analysis, the district has more than $12 million dollars in surplus which could be used to increase salaries. Referring to this as the third contract the AFT has negotiated with the Board, Lubow said they (the AFT) has "sensed a profound change in the Board's attitude about this one."

Henry Ealy, president of the Black Faculty Association, said, "What we see today is a Board beyond resuscitation. We can take corrective measures or we can clearly draw the battle lines now. Without us there would be no need for a Board of Trustees, for a chancellor or for the vice chancellors."

Throughout the session, Board members remained quiet and impassive.

After a 45 minute recess, Valley English Professor Edith McGovern addressed the Board on another problem currently plaguing the district: delays in financial aid disbursements.

McGovern said that eight weeks of school have gone by with no financial aid to help needy students, and that "some students are going to have to drop out of school if they don't receive their aid."

Nancy Cadicamo, another Valley student, said that she had checked around the district and that at Pierce only 41 out of 900 applicants had received aid, and that at Valley 20 had received theirs. She alleged that the only students whose applications were being processed in a timely manner were those at East L.A. College, site of the new district financial aid processing office.

District Vice Chancellor of Student Services Kenneth Washington said that one of the reasons the district decided to centralize financial aid services was to eliminate disbursement irregularities which forced the district to conduct expensive audits on five campuses in 1982. Two of those schools actually lost federal funding until the problems were resolved."We're still dealing with some of those problems," Washington said.

He said,"We have put as many people as we have in the financial aid department, and they are all working overtime."

Washington gave the students good news and bad news. The good news was that all completed applications would be processed within seven days. The bad news is that, of 4,000 applications, only 600 are complete. The others lack necessary documentation. Letters will be sent to those whose applications are not complete, he said.

Teacher burnout: An exhausting problem that won't go away

(Continued from page 1)

Maslach's research has indicated that it is chronic emotional stress rather than occasional crises that produce burnout, and that people often try to get out from under their emotional burden by cutting back their involvement with others to the bare minimum that will get the job done.

According to Wilson, this is happening on the Valley campus.

"Since the passage of Proposition 13, I've heard more and more comments about (faculty members) not devoting that extra time or extra effort that they have in the past because it's not paid for and it's not appreciated."

Wilson said that because of inadequate raises and schedule cutbacks many instructors are using the extra time and energy they once might have used to prepare for class to look for other sources of income.

Pat Allen, sociology department chair and campus grievance representative for the American Federation of Teachers (AFT), said she sees burnout reflected in the increased number of grievances reported to her and in the "many more" early retirements.

"Just today," she said, "a marvelous teacher who has been teaching here for a long time told me, 'I've been teaching here for X number of years and I've always loved it, but with the conditions this semester, I'm thinking of retiring.' That's the kind of statement I'm getting a lot."

Although burnout victims often blame themselves or the people they serve for their emotional exhaustion, Maslach's research indicates that the problem "is best understood and modified in terms of situational sources of job-related, interpersonal stress."

In other words, it is the system, not the people, that causes the problem.

Sylvia Lubow, professor of history at Valley and AFT chapter chair, agreed.

"We're working within an environment which lends itself very dramatically to burnout," she said.

"Since Proposition 13, the kind of teaching we would like to do is denied to us. Teachers are frustrated, overworked, and understaffed. Programs are cut. No new blood is injected because there is so little hiring.

"We have many talented instructors who are retiring years before they would have normally. I've heard it verbalized many a time that 'it's just not worth it anymore.' "

Lubow said that the faculty is feeling a sense of demoralization because the administration is not perceived as being supportive of their needs. She admitted, however, that there are some sensitive administrators at Valley.

"To be fair, part of this is caused by their inability to support us because they are denied money from the state," she said, "But that's only part of it."

Wilson also believes morale is lower than it has been in the past.

"It's lower as a result of lack of funds, of being attacked on all sides by people who don't really understand the problems of education, and of the community colleges being treated like the unwanted step-child." he said.

Edwin Young, Valley's vice president of academic affairs, sees the stresses the system is putting on teachers.

"They're working hard," he said, "They take their jobs seriously and they haven't had a raise in so many years. They can't really plan on what their schedule is going to be from semester to semester. Their incomes are reduced as classloads are reduced.

"They feel unappreciated by the board, by the administration, by the public, and they never know what kind of support will be coming from the state legislature for the next year until the very end of the school year."

Add to that the new questions about the role of the whole community college system, and it's no wonder some teachers are feeling tired.

Although every instructor interviewed said they often heard their colleagues talking about and complaining of feelings of burnout, the district administration seems to be oblivious to the problem.

"I've heard one or two people mention it," said Virginia Mulrooney, vice-chancellor of personnel services, "but it doesn't seem to be an issue in the community colleges of this district."

District Director of Staff Relations Daniel Means said there is no program in the district to help faculty deal with the problem.

He said that an employee assistance program has been proposed and is being discussed with the AFT, but that it would deal with problems like alcoholism, drug abuse and marriage and family strife. Burnout, he said, has not been discussed.

Maslach found that supervisors and administrators can be significant contributors to the stresses that cause burnout, especially when they "base their judgements on quantitative dimensions that can be tabulated easily.

"The number of people who utilize the services of an institution is often the index of whether its existence is justified. . .if bureaucratic hassles predominate, if communication between management and staff is unclear and nonsupportive, then the helpers will find it especially difficult to provide good service, instruction, or care to recipients."

Considering the recent trends in the community college system and the recent downturn in relations between the AFT and the district, the atmosphere may be ripe at Valley for an epidemic of the burnout syndrome.

Next week: A closer look at the causes and effects of burnout on the Valley campus.

Perspective

Politics clicks for Ulibarri

By LAURA TANIS, Assoc. View Editor

Curiousity is the driving force behind Associated Student Union (ASU) President Shawn Ulibarri's involvement in student politics.

"Politics and political processes are much like figuring out how a clock radio works," Ulibarri explained. "It's looking at the parts and seeing how those parts interact with each other. Similarly, it is seeing how people interact with each other and understanding why things happen before and after they occur."

Interacting with and being of service to people is one of the things that makes the duties of ASU president appealing to him.

"I had known people at ASU and became interested myself and wanted to do my share," said the easy-going Ulibarri.

"If somebody has a problem," he said, "they can come to us and feel comfortable in knowing that we will try our best to do something. I like it that the ASU provides a service."

According to Ulibarri, the opportunity that his position offers is in providing help for people and to see that things get done for people that may not know how to go about it themselves.

However, the position of leadership was not what prompted him to run for the office.

"I think a lot of people get caught up in that. I didn't run for the office to become junior leader of the year or as a stepping stone for my presidential bid in the year 2028," he said jokingly.

"It's a good organization, and I just wanted to become a part of that."

A Republican, Ulibarri became interested in politics through some of his friends.

"State and national politics is a common interest that we share. In fact," he said, "some of my friends are running for offices in November."

Often, Ulibarri attends various functions and meetings that serve the interests of students. Presently, he is looking forward to an L.A. Community College District-sponsored weekend retreat in the mountains for associated student organizations. Fifteen ASU members from Valley will go and participate with other associated students in panel discussions. Another upcoming function is the Students Services Conference in Chicago in November.

His duties as the chief officer of ASU consist of presiding over the Executive Council, ASU's governing board, attending the various committee meetings, overseeing the organization's daily activities, and generally running ASU effectively.

"I help out any way I can in addition to being the spokesman for the policy of the council represented with the district and the faculty and administration of this college.

One of the unpleasant tasks of his position, he said, is dealing with "the bureaucratic mess, the snafus and inefficiency" in the administration.

"Very simple things take extremely long for them to take any action on, such as spending our money or for something to get done around here that we're asking the school to do," Ulibarri said.

"ASU is consistently improving," he said, and in ten days the organization will have a computer, one of the changes he pushed for.

"We're doing a lot of things to serve our members more effectively."

A television broadcast major, Ulibarri has been attending Valley since his junior year in high school.

Besides the three classes he is taking here, Ulibarri works 30 hours a week editing videotape for a company in North Hollywood.

"The only free time I have is when I sleep," he said.

LAURA TANIS / Valley Star

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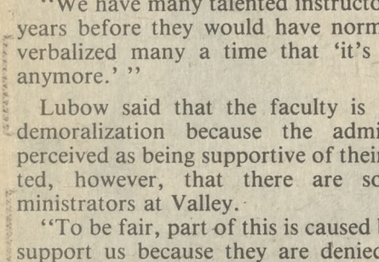

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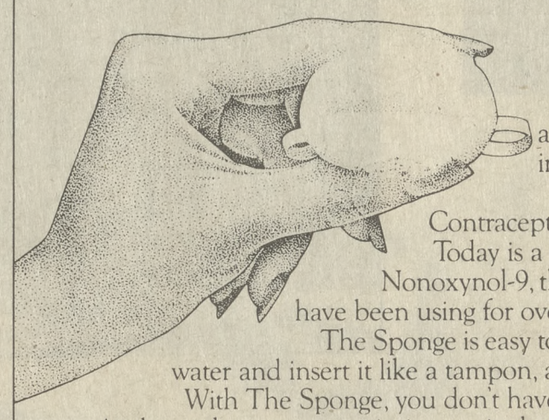

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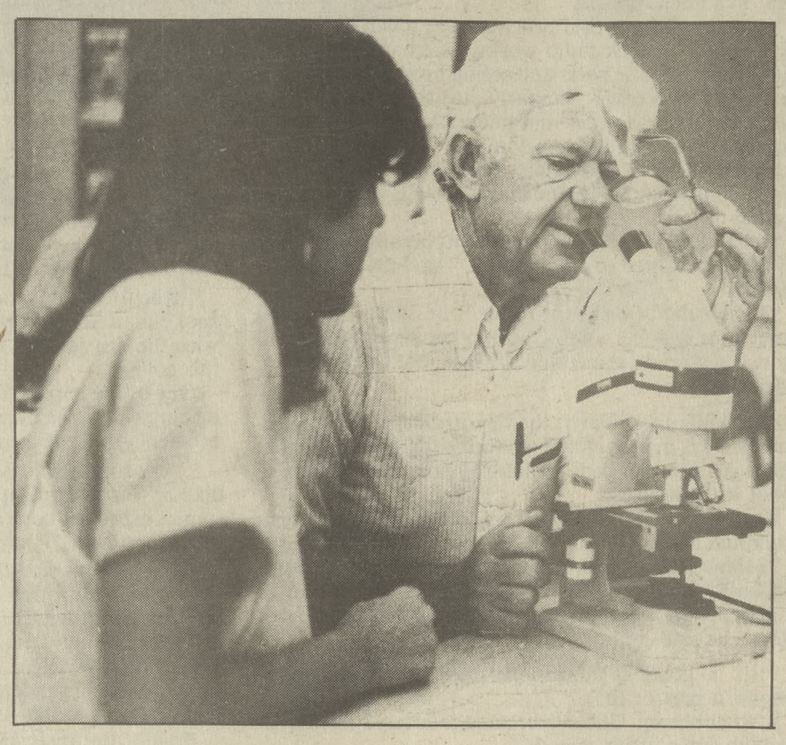
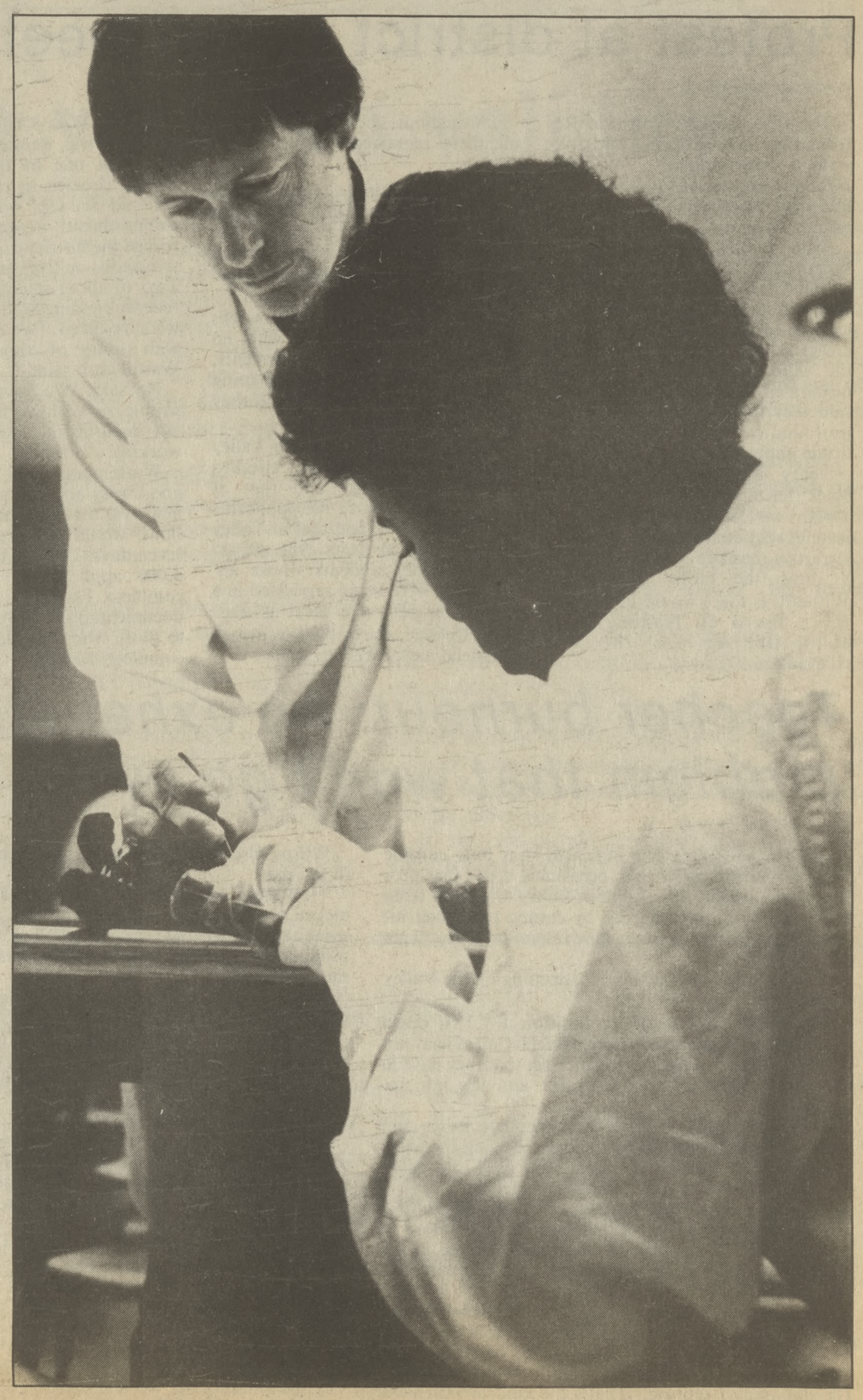
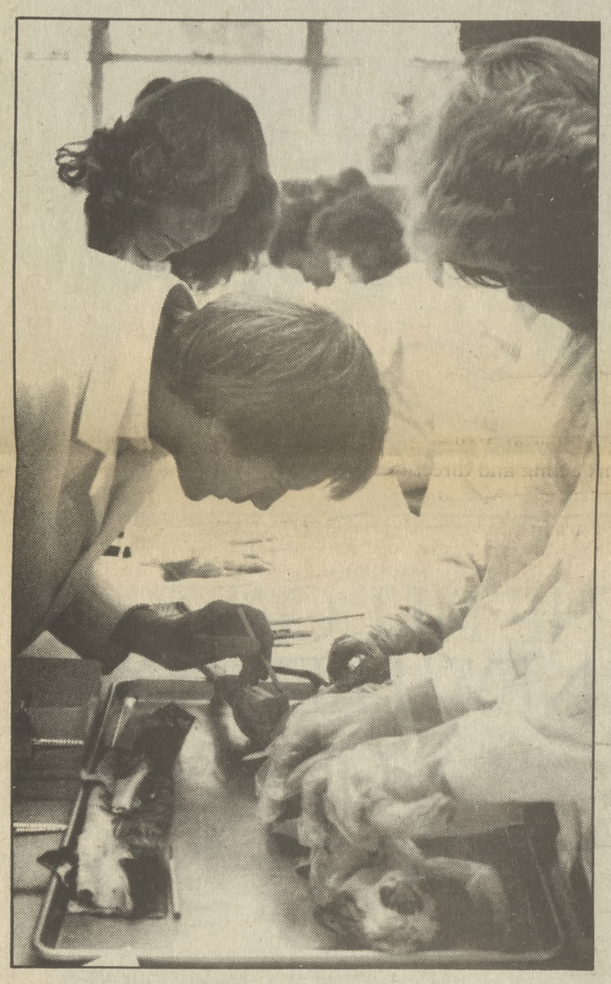
Using Valley's labs to study life







Studying the basic structures of life is an intense, hands-on experience in Valley's various laboratory classes.

Reading clockwise: (top right) Aprille Harris and Roy Havenhill, instructor of physiology, study and examine muscle tissues.

Amy Lormans tests chemical reactions of organs to locate traces of oxygen in an independent study lab.

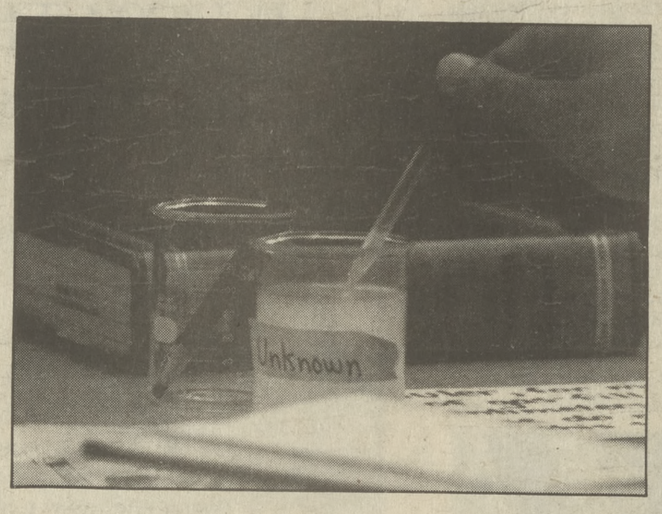
Marco Latino (bottom) observes the sample of ameoba proteins on the preparation table.

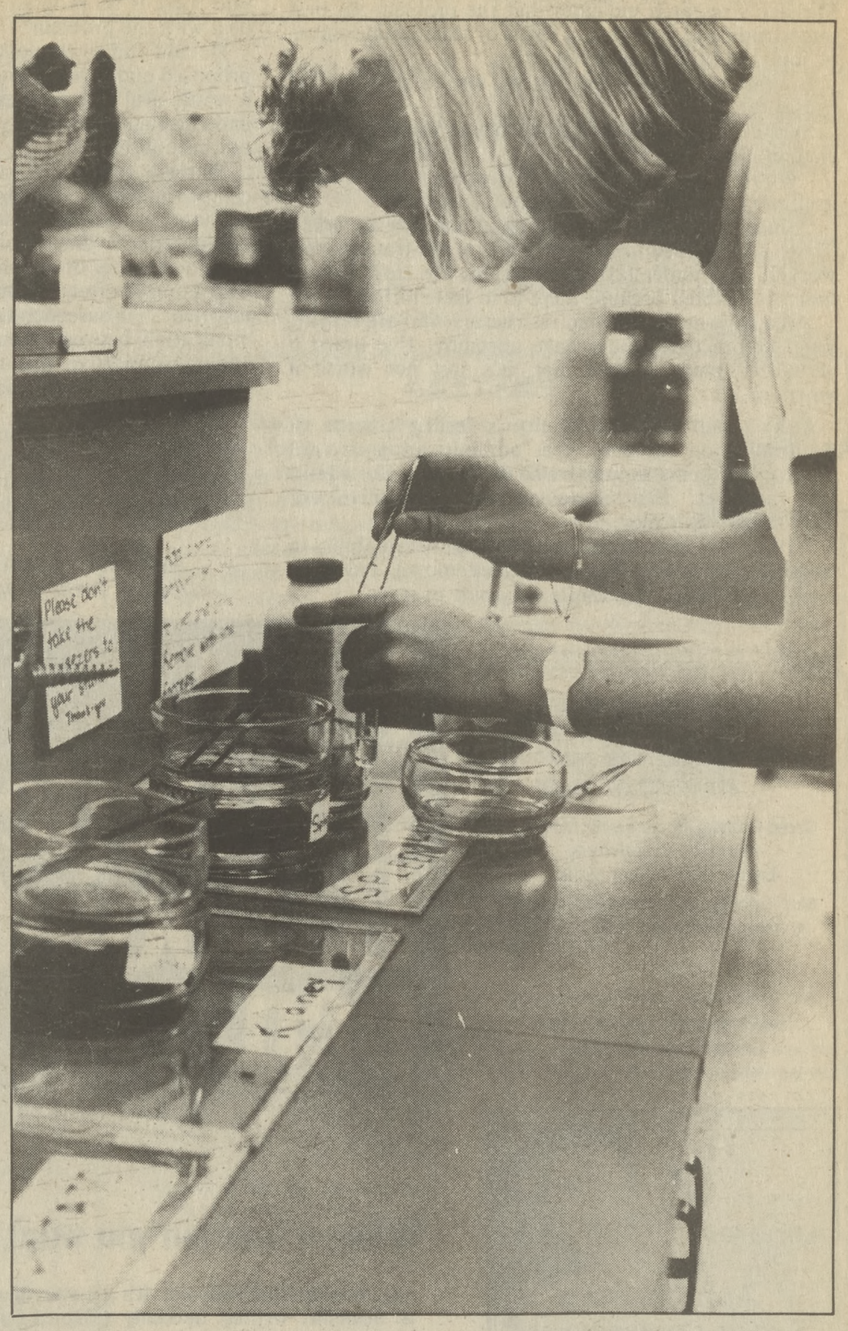
Question: dead or alive? The beaker contains an unknown solution waiting for proper identification.

Havenhill guides physiology students in the completion of a dissection assignment.

Dr. James Campbell, professor of biology, assists Shari Jacobsen in the mitosis lab for Biology 6.

Photography and layout by Celia Gonzales





'Nuts' shelled out at theater performance

By EUGENE HERNANDEZ, Assoc. News Editor

"Nuts," a three-act play by Tom Topor, is finely staged and provides some excellent acting performances.

It has a cleverly written script that translates into a well spent night at Valley's Horseshoe Theatre.

The play deals with a young girl's fight to prove she is sane enough to stand trial for manslaughter. If she loses, she could spend the rest of her life locked up. But looking closer into the play, one will find the fight between conformity and one's own fight for self respect and responsiblity.

Alan Waserman as Franklin McMillan, the attorney representing the state of New York, gives a good performance of a man doing his "job" and a direct threat to the defendent's fight for self-respect.

Roger Lajoie is perfectly cast as Dr. Herbert Rosenthal, the psychiatrist who is trying to convince the court, on behalf of the state, that the defendent is mentally ill and that she should be treated before standing trial. He too is representing the "norms" of society and stands in the way of the defendent's fight for self-direction.

J.C. Wendel's performance and interpretation of Clauda Faith Draper, the defendent, is good at times, especially her facial expressions. With her eye and hand movements, she shows the strain of someone who is trying to prove she is not crazy. Her expressions convey the contempt she has for her parents, the judge, the prosecuting attorney, and most of all her doctor.

But, something happens when she opens her mouth or when she starts to move around the stage area. Her words do not convey the desperation of her situation, and her movements on stage are rather relaxed and lack any kind of intensity that must be part of her character.

This results in a rather inconsistent performance.

During the third act, Wendel is in the spotlight, and she is answering the prosecuting attorney's questions regarding her livelihood. Her character at one time performed acts of "friendship" for generous gentlemen, she is testifying in rather blunt terms the kind of "friendly" acts she performs. Wendel seems to be a little uncomfortable with her lines and does not express enough hostility, nor does she come off as the great seductress her character claims to be. She tries to speak in a seductive manner, but her lines come out rather weak.

But Wendel has one very good moment. In the last act there is a reconcilation scene in which she attempts to connect with her parents, primarily with her mother. Here her lines are believable and moving, it is the kind of scene that may bring tears to one's eyes and a lump to one's throat.

But the show-stopping performance by far is by Larry Tomashoff, who plays the attorney for the defense, Aaron Levinsky. Levinsky is an up-and-coming attorney handling his first case of this nature and is cool and in control. Instead of having an intimidating glare, he is equipped with a pleasant smile and a strong grasp of the law. Tomashoff plays Levinsky with a charismatic presence, and at times he carries the play and the actors with him.

Playing the defendent's parents are Paula Zinn and Joe Barnaba. Zinn's performance is rather unsteady and lacks emotion and believability. When she begs her daughter for an explanation on her past behavior, you only hear lines on a piece of paper and not a mother pleading to her daughter.

Joe Barnaba, on the other hand, ranks with Tomashoff in dominating his scenes, In fact, it would be worth seeing "Nuts" for the explosive ending of the second act when these two characters clash and square off with each other.

Robert Tucker as Judge Murdoch, along with Rudy Dale Wright and Ronna Jones as the officer and court reporter, all give fine performances, bringing strength and compassion to the entire ensemble.

"Nuts" is well worth the admission price. Performances are on Oct. 11, 12, and 13. Curtain rises at 8:30 p.m. and admission prices are $3 for general admission, $2 for students with I.D. and ASU members are admitted free.

MARTI STEVENS / Valley Star

IS SHE OR ISN'T SHE?—Jennifer C. Wendel as Claudia and Larry Tomashoff as Levinsky in "Nuts."

DAVID BOHRER / Valley Star

CHORALE MORALE—The LAVC Chamber Chorale with George Attartian, conductor, and Robert Young, accompanist, performed last Thursday in the Music Recital Hall. The Program was one in Valley's continuing music department concert series. Soprano Barbara Hancock performs today at 11 a.m.

Alumnus remembers Valley

By SUSAN DUDASIK, Assoc. Entertainment Editor

"A friend suggested that we go to college," recalled Valley alumnus Victor French. "I asked him what we should take, and he said theater arts. 'What's that?' I asked. 'It's plays and things like that,' he replied."

That conversation took place around 1956. Thirty two plays and countless classes later, French has learned what theater arts is all about.

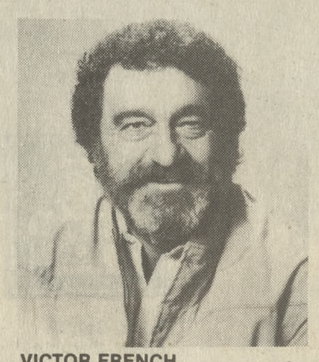
Today he co-stars with Michael Landon in the NBC television series, "Highway to Heaven," shares the director's chair with Landon, and will be directing various episodes of the show this season.

French credits Valley with giving him a start in acting, although he had previously done some stunt work on the "Gunsmoke" series.

He came to Valley as an aspiring stuntman and then changed his career goals to acting and directing. While in school, French did everything he could to expand his knowledge of the arts.

"When I didn't get cast for a part, I wrote, set the stage, or directed. I did every and anything I could," said French. "Seventy to eighty percent of the out-of-work actors today deserve to be out of work. They call themselves actors then sit around and wait for something to happen."

French was determined to make things happen, and happen they did.



VICTOR FRENCH

As a student, French won numerous awards for his acting and directing abilities.

"Valley was good for me. It taught me how to be a student," said French, "and I've been a student of my craft ever since."

French was actually discovered during a play at Valley, and from there his acting and directing career has flourished.

He met Landon while working on the "Bonanza" series, and their friendship has led to other projects such as "Little House on the Prairie," and the new Michael Landon Production, "Highway to Heaven," where he plays an ex-cop.

When French isn't working, he often lectures about the arts for various groups. Whenever he gets a chance, he still stops by Valley's theatre arts department and in past years he has given lectures and seminars to Valley students.

For French, Valley College was a turning point in his life and attending Valley has become a tradition for his family.

His son Victor and daughters Tracy and Kelly have also attended Valley. Tracy studied acting, and Kelly, still here, is studying business.

The younger Victor is currently working on the "Highway" series as his father's stand-in and photo double.

For French, Valley was the dirt road that paved the way to his "highway to heaven."

"I'm happy with what I'm doing right now," said French, "and that's what success is all about."

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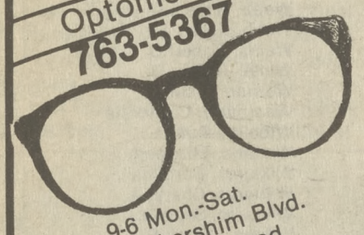

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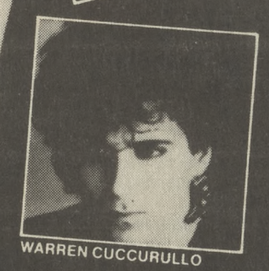
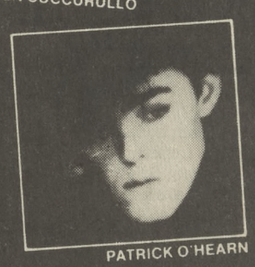
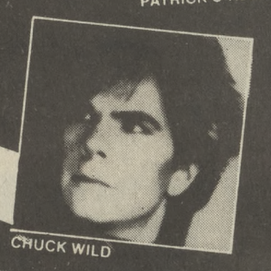


WARREN CUCCURULLO



PATRICK O'HEARN



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Aldana, Luz M.
Alexander, Denise G.
Allen, Paul I.
Anahui, Cesar M.
Andrade, Kerry S.
Ankhelyi, Mickey M.
Antell, Nancy L.
Appleton, Lee R.
Appling, Susan L.
Austria, Patricia N.
Auther, Ronald W.
Aynilian, Armen

B

Ballard, Jeffrey F.
Banashek, Lynn
Barker, Randall R.
Barnwell, Loretta B.
Bart, Frann L.
Bartamian, Suzy
Bartlett, Dan W.
Barton, Katie A.
Batham, Diane E.
Becher, Jeffrey C.
Beck, Kevin K.
Behlendorf, Lisa E.
Bellingham, Robert V.
Bellone, Providence D.
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Benson, William F.
Bent, Robert E.
Bernstein, Jeanne C.
Bielitz, George W.
Bigler. John C.
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Bishop, Neil J.
Blaha, Margaret R.
Blunt, Valerie P.
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Bolick, Ruth H.
Bosi, Donna J.
Bowker, Jill
Boyd, Lance E.
Bracco, Carol S.
Braun, Kurtis D.
Breding, Randy
Breslaw, Cynthia A.
Brewer, Arlene F.
Broderson, Gerald C.
Broslawsky, Chuck D.
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Bruce, Kelly G.
Brunet, Serge E.
Buckle, Kevin S.
Burd, Danielle A.
Burleson, Oral F.
Busenbark, Bridget M.
Butler, Amy E.

C

Cairns, Maureen S.
Callahan, Terence J.
Callicott, Diana J.
Camacho, Guadalupe
Camporredondo, Lupe C.
Canchola, Dennis
Capell, Denise
Carreno, Luz M.
Carter, Lucinda A.
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Chin, Wilford B.
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Colton, Melissa A.
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Corwin, Nanci M.
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Crowther, Kimberly A.
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Curtis, Annette M.
Cushenbery, Tanis
Cutler, Lorraine R.
Cuzic, Anna M.

D

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Davis, Patricia A.
Davis, Rosa L.
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Deleon, Lisette A.
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Dudzak, Malena M.
Duke, Michael D.
Dunbar, Janet D.
Dundes, Melanie N.
Dutton, Penny
Dybeck, Greg K.

E

Edler, Gail M.
Eisler, Gertude F.
Elliott, Harriet
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Engel, Tamatha M.
Eriksson, Mayte C.

F

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Freedman, Nancy L.
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Friedman, Jessica
Fuhrmark, Donna M.

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George, Laurie I.
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Hongthong, Phinh
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Horn, Robin L.
Hu, Donna E.
Hung, Eric
Hutchison, Elizabeth

I

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Iwata, Craig M.

J

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Jackson, Sheila A.
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Johnson, Brooke
Johnsn, Mary E.
Johnson, Richard A.
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Judge, Alexandra C.

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Krieger, Mary C.
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Krischer, Sharon A.
Kunz, Steven D.
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L

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Landis, Deborah A.
Langford, Lois
Laprath, Julie E.
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Lyons, Alyson D.

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O'Neil, Ramona
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Turetsky, Nikolai S.
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Udkoff, Sharon J.
Urbanovich, Marybeth

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Vanhowten, Robert C.
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Vargas, Elba M.
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Velia, Bonnie K.
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Vilain, Toni

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Wussow, Jack D.

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Yang, Jack Jungbaum
Yanofsky, Michael A.
Yap, Denise
Yeater, Ann K.
Young, Carolyn J.
Yu, Mary M.
Yukon, Nora

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FAM

Monarchs lose 3, but rebound over Chaffey

By DAVID FROST, Assoc. Opinion Editor

Taking their traveling clothes out of mothballs, Valley's water polo team hit the road last week to pick up a trio of losses and a single victory.

Two losses were suffered against Pasadena College, with Valley coming out behind 28-16 and 18-8. The first game was at Pasadena in a small pool which Coach Bill Krauss said gave the home team the advantage.

"With the small pool at Pasadena, it becomes more crowded," said Krauss. "On top of that, it's possible for a player to shoot from half-court. They're used to playing in those conditions and we're not."

The individual efforts of Dave Fox (four goals), Keith Lutge, and Kirk Klotthor (two goals each) were unable to keep the Monarchs above water in their second loss to Pasadena at the Citrus tournament, held all day Saturday.

Valley went down for the third time this season against rival Citrus College. Tournament host Citrus dominated the Monarchs 15-5.

Klotthor led Valley's scorers with two goals, and Lutge, Fox and Joe Hunizker scored one goal each.

The high point of the tournament for the Monarchs was their 13-6 victory over Chaffey College.

Valley's second string goalie Greg Barbula, who saw his first action of the season at the tournament, recorded 12 saves that kept Chaffey out of the game.

The Monarchs' 13-goal scoring rally against Chaffee, which gained them their second win of the season, was led by Fox, who scored three goals.

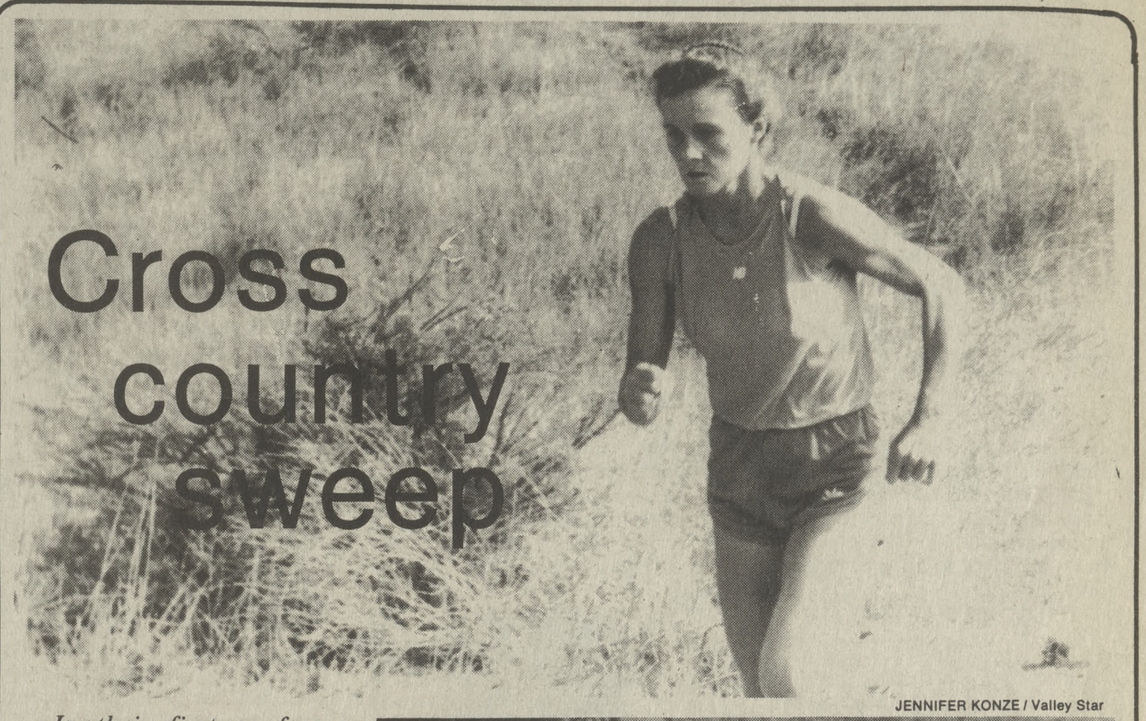
Steve Plattman, Mike Bertram, and George Yousseff each tacked on two goals. Single goals were made by Lutge, Jack Engleschall, John Ellingwood, and Curt Labus.

"This win was a great feeling for our team," said Krauss, "and hopefully will provide some stimulus to work harder and win more games."

High scorer for the tournament was Fox, netting eight goals. Klotthor and Lutge followed with four goals each.

Friday at 3 p.m., Valley will face statewide second-ranked Long Beach at home.

Cross country sweep



JENNIFER KONZE / Valley Star

In their first conference meet, Valley's cross country team has proven they are a force to be reckoned with.

Running over a four mile course at College of the Canyons, Valley's Benito Cruz, Tom Wilkinson (pictured at right), Reggie Dechard, and Ed Stillwall took first through fourth places, respectively, in the men's division.

In the women's division, Gretchen Lohr (pictured above) and Sandra Martinez finished first and second to complete the sweep by the Monarchs.

The next home meet will be Oct. 19 against Antelope Valley College.

JENNIFER KONZE / Valley Star

Volleyball struggle continues

By STEVE FOUNTAIN, Staff Writer

The Valley women's volleyball team continued to struggle through it's rebuilding season, dropping Mountain Valley Conference games to Bakersfield and Pierce last week.

On Tuesday, the Monarchs were completely dominated by Bakersfield, against whom Valley had hoped to make a strong showing. Bakersfield won in three straight games, 8-15, 8-15, and 7-15.

"We were outplayed on every level," said coach Marla O'Connell, "and I still can't figure out what went wrong. I asked the players, but they didn't have any idea either."

The team entered Wednesday's practice knowing that they not only had to re-group, but that they also had to prepare for Thursday's match against arch-rival Pierce.

Besides being school rivals, a personal "competition" exists between the teams' coaches.

O'Connell and Pierce's Rose Rahn are not only close friends, but were teammates in high school and college.

Valley jumped out to a two game to one lead, winning the first match 15-11 and the third 15-9.

The team appeared to be well on their way to a match win when they experienced a "mental breakdown" in the fourth and fifth games, dropping the final two games by scores of 6-15 and 2-15 respectively.

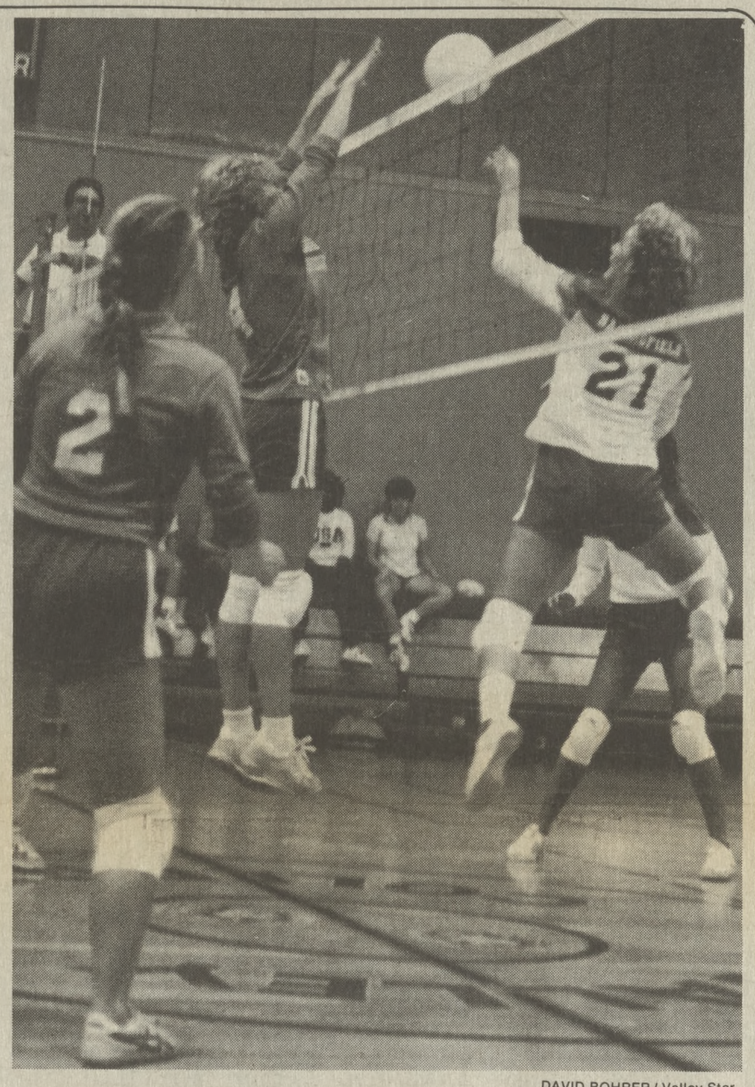
"This is the exact same thing that happened to us against Pasadena last week," said a frustrated O'Connell, "Once again, we just stopped thinking."

O'Connell's major problem has been the inconsistent play of her team.

"Our strong points have varied drastically from match to match, even from game to game. It is very hard to plan a successful practice when you have to give equal time to the weaker points," said O'Connell. "The team really needs as much actual game time as possible."

Last Saturday, the team was able to pick up eight games of valuable experience at a non-league tournament at Santa Monica College. Even though the team did not score a victory, it did get in work against four of the better teams in the area: Golden West, Ventura, Santa Monica, and Sequoia. In addition, the team was able to watch future opponents, El Camino and Harbor in action.

El Camino visits Valley today, and Harbor will be here on Tuesday. Starting time for both games is 3:30 p.m. in the Women's Gym.



DAVID BOHRER / Valley Star

SHOT BLOCKER—Valley's Debra Cohen leaps to save the point as Josie Wayne looks on in a loss to Bakersfield.

Sports Line

By Ronn Crowder

Ueberroth inherits disorder

New Commissioner of Baseball Peter Ueberroth has inherited a can of worms from his predecessor, Bowie Kuhn. The "miracle worker" of the '84 Olympics will need more than miracles to bring major-league baseball back to stability.

He should be commended for the quick settlement of the umpires' strike, which was accomplished on the strength of Ueberroth's reputation. The umpires "...trusted him..." to act as arbitrator between them and the owners and went back to work in Sunday's fifth and deciding game of the National League Championship Series.

If the commissioner intends to mediate between the owners and the players' and umpires' unions, he had better bring his lunch and wear a hard hat.

One major problem faced by the new commissioner is use of drugs by players. Will baseball continue to slap the hands of some players who have been convicted of illegal use of drugs while imposing strong fines and suspensions on others?

Do team owners or umpires use drugs? Will they be judged as harshly as players?

Will baseball finally put an end to the disparity of rules between the two leagues? The American League (AL) has the designated hitter rule (DH) and the National League (NL) does not.

When the two leagues meet in the All-Star game and World Series, they alternate rules.

One of the teams plays at a disadvantage, especially when the AL plays by NL rules, because AL pitchers never come to bat in the regular season. Dump the DH, commissioner.

Accused of being an "owner's man" by the players, outgoing commissioner Kuhn was also criticized for his ruling in the Mickey Mantle-Willie Mays incident. The two Hall-of-Famers were "banned from baseball" for signing contracts with Atlantic City casinos as public relations figures.

Ballplayers must rely on their names and faces for income after they retire from active play. They could not possibly affect the outcome of any game. So what is the big deal?

From the fans' point of view, they just want to have a good time at the ballpark. They don't want to worry about the players' strike or the umpires' strike or listen to the squabbling in the media.

So please, Mr. Ueberroth, untangle this mess and settle things down. Baseball used to be so uninvolved, so tranquil.

Like the man said, "Let's play ball!"

SPORTS CALENDAR

(Oct. 11 - 16)

DATE	SPORT	OPPONENT	TIME	PLACE
11	Volleyball	El Camino	3:30 p.m.	Valley
12	Water Polo	Long Beach	3 p.m.	Valley
	Cross Country	Mira Costa Tournament	TBA	Mira Costa
13	Football	Antelope Valley	7:30 p.m.	Valley
16	Water Polo	Pierce	3 p.m.	Pierce
	Volleyball	Harbor	3:30 p.m.	Valley
19	Water Polo	College of the Canyons	3 p.m.	Valley
20	Football	East L.A.	7:30 p.m.	Valley

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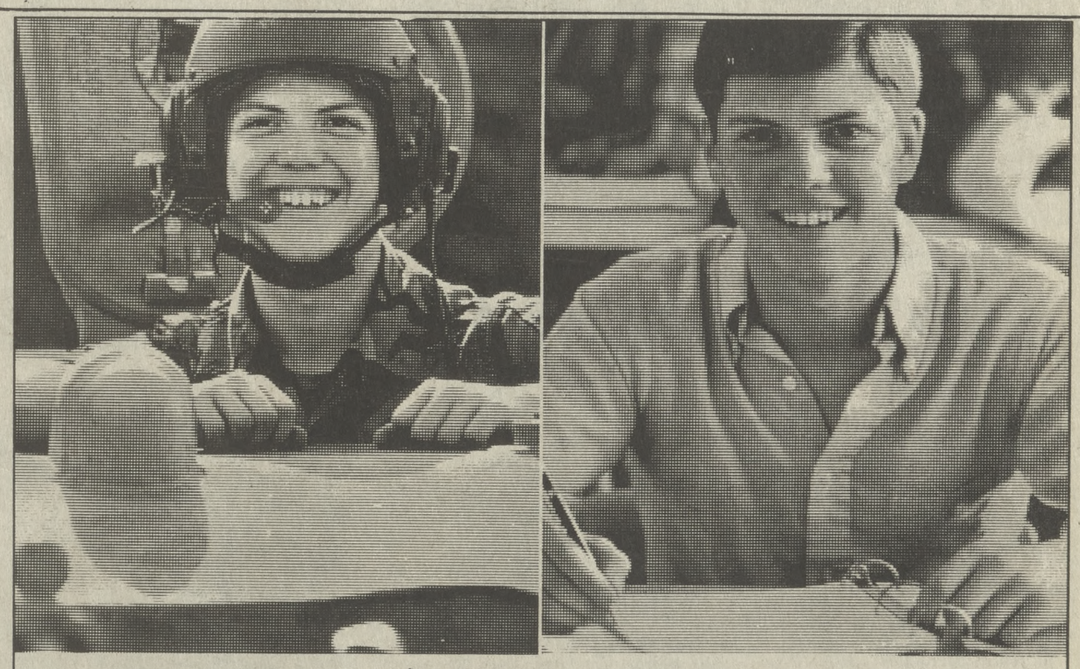

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Art department dares different dimensions

By DAVID FROST, Assoc. Opinion Editor

"Art is the quality of life, not the quantity," said Valley Art Professor Dale Fulkerson. "Art is the spice of life."

Every day, new works of art are being created by Valley students in the art department. Students learn to develop their creative abilities while gaining technical knowledge about various pieces of equipment relative to the field.

The Beginning Design course is the initial class in the progression of an art major. This class concentrates on developing the student's artistic skills.

When art is mentioned, for most people, painting and drawing come to mind. Valley offers courses in drawing and life drawing, as well as watercolor and acrylic painting.

For those who enjoy three-dimensional art, ceramics, and sculpturing, these courses are also offered. "Three dimensional art is different from the other art forms," said one Valley student, "I like it better because I like to work with my hands and not a brush."

The graphic arts industry is the eighth largest industry in the United States. This allows graphic art students, in classes such as lithography, printmaking, and advertising design, to enjoy a greater margin of success than their fine arts counterparts.

The reason for this is simple, according to Henry Klein, art department chairman. "You can't even turn around without seeing a printed page."

Whatever art form students choose, they do so for the enrichment of their lives, said Fulkerson. "Without art they are going to go out and work in a dull eight-to-five job and have a very dull existence."

Fulkerson also notices a difference in the types of students who are enrolling in his classes. Where once he had been teaching mostly graduates fresh from high school, he now says he is teaching more business executives or housewives whose children have moved away.

He explains that they are all there for the same reasons. "If they are the type of people that can need and find beauty in their life and around them," he said, "and be able to shape their environment through their art, then they've achieved a great deal."

The applications of the lessons that a person learns through the arts is not limited to the canvas or the clay. Professor Judy Von Euer sees scientific applications for artistic skills.

"Creative thinking is basically an artistic skill," she said. "Art leads to invention in the scientific processes. In other words, the creative thinker can solve a problem by approaching it from a very different point of view. This is a very useful procedure to a scientist."

However, the art department is struggling to stay afloat in the wake of budget cuts.

"We have not had any significant new equipment since the passage of Proposition 13," said Klein.

What the department does have is outdated and in need of repair.

When the tuition fee was instituted this year, the lab fees that the art department used to collect from students were forbidden. Now the department must depend upon a shoestring budget to purchase supplies. This results in a lack of supplies and, consequently, a significant decrease in the number of projects available.

Secretarial aid for the department has been eliminated, and, according to Klein, the student worker hours have been reduced from 85 to 11. According to Dennis Reed, director of the Art Gallery, a staff of nearly 40 has been reduced to under 20.

To make matters worse, the teachers are now expected to fulfill the duties of the janitors as well. In an environment where paints and clays are used, the lack of janitorial services can create problems for the student who has to cope with the uncleanliness. On some days the problem escalates to the point where there are no paper towels in the classrooms.

"A lot of us are feeling demoralization over the fact that we're sliding back despite all our efforts," said Klein.

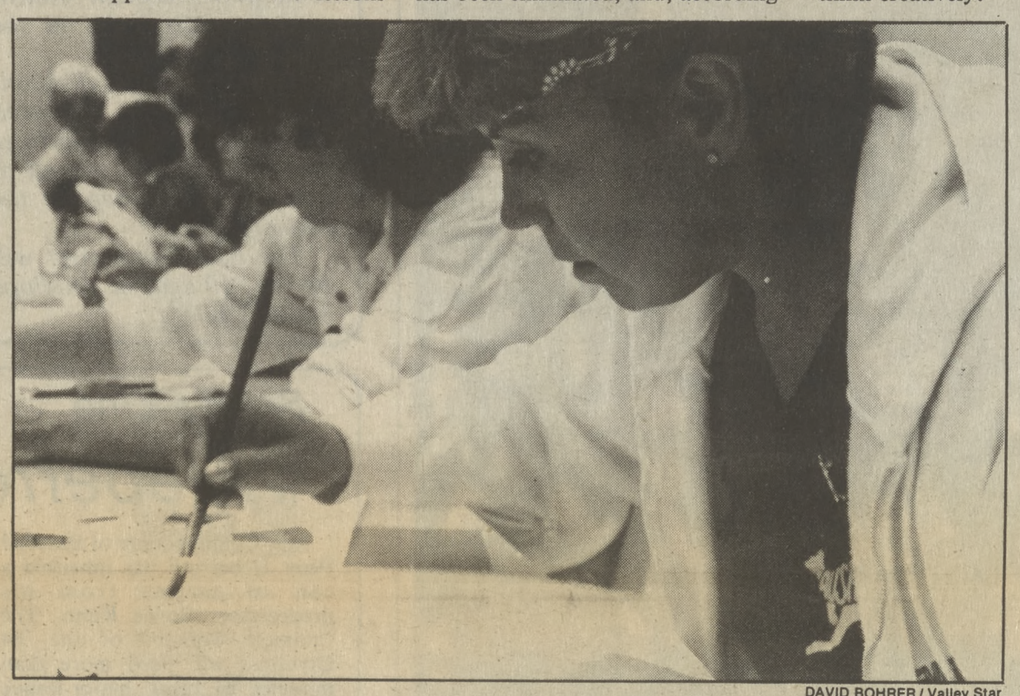
This decline is seen as a bad sign by Von Euer. She sees that artistic qualities "have been cut out of the elementary schools, and now they're even being cut back at the college level, too."

For those who wish to continue to cut the arts out of the society, she poses this ominous question: "What will happen to society when we lose all of those individuals with the ability to know themselves and think creatively?"

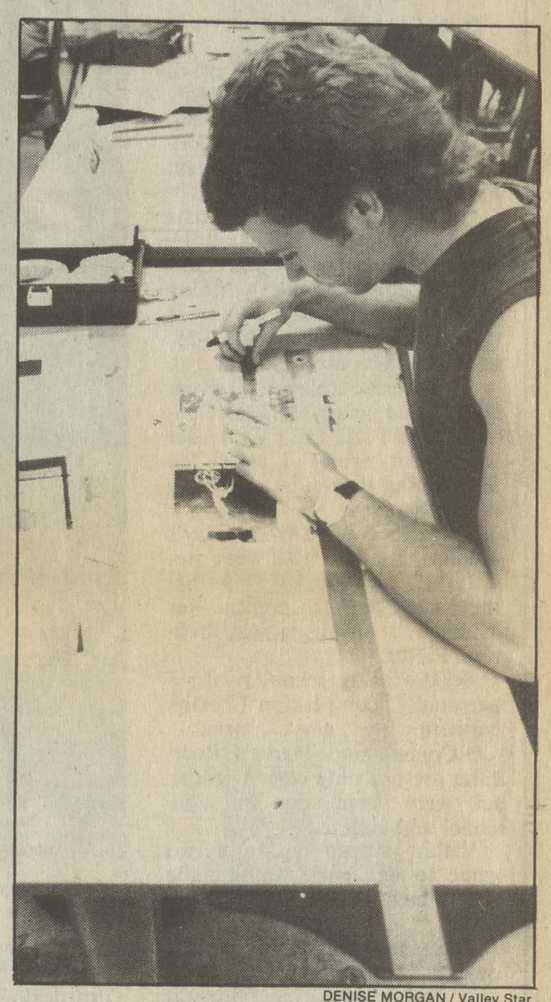
DENISE MORGAN / Valley Star

One of the ceramic pieces in the display case in the Art department.

DENISE MORGAN / Valley Star



DAVID BOHRER / Valley Star



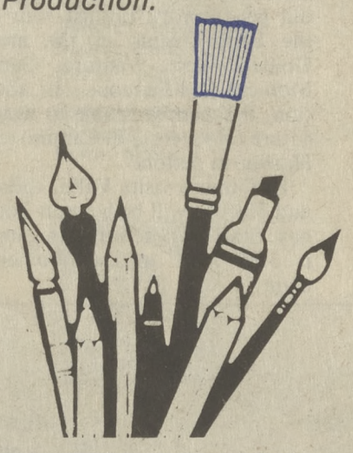
DENISE MORGAN / Valley Star

DAVID BOHRER / Valley Star

Whether it involves ceramics, watercolors, or life drawing, Valley's art department offers more than just an art class—it releases creativity.

Molding a face, Melissa Celtan (left) adds detail while Mary-Ann Waschner (upper left) shapes clay.

Livia Medrano (above) paints with watercolors and Mitch Burkhardt (right) works in Art Production.



Valley artist turns to dollmaking

By STEPHANIE STASSEL, Staff Writer

"Apply yourself. It is important to go further after high school, whether you are aiming for a degree or just training for a job. And don't forget about art. There are many basic art classes that are good," said Mary Peterson, a 56-year-old art student at Valley.

She has been attending classes here for seven years, taking a few art classes at a time. Currently, she is enrolled in Lithography II (Art 404), taught by Henry Klein, chairman of the art department.

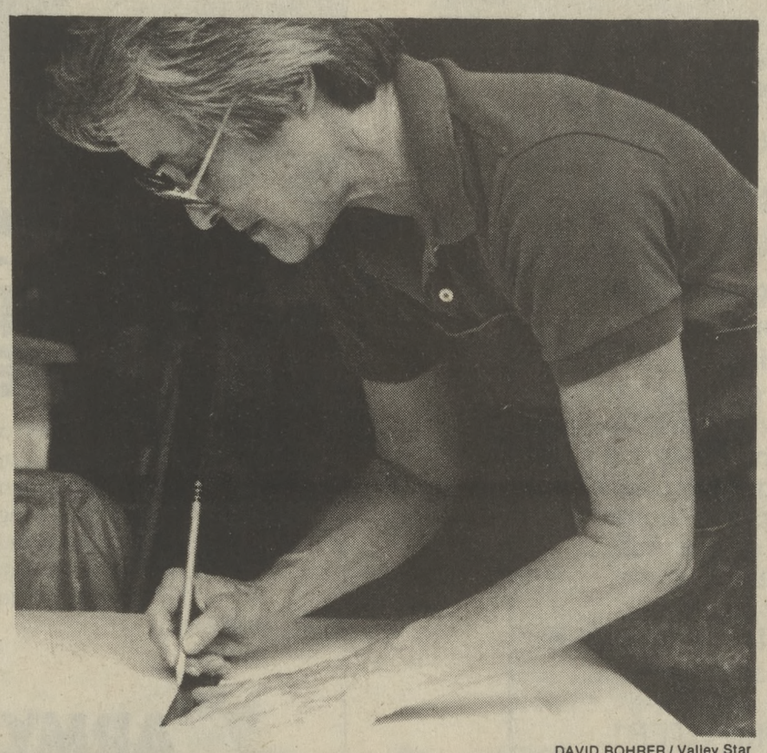
"Valley is an excellent school. It does a lot of good for a lot of different people. The mix of various ages is excellent, too. It makes for a lot of interaction," said Peterson.

Art has gradually developed in her life. First interested in mechanical drawing, she also tried her hand at design and dollmaking. This training came into use when she began designing dolls and teaching classes in dollmaking. Starting as a hobby, it got more involved as time went on. At the moment, Peterson is teaching a few classes at "The Dollhouse" in Sherman Oaks and is still designing dolls for herself.

The dolls that she makes are similar to the Italian Linci dolls, as they are both made of felt, but with a few differences. Her dolls have soft features, and the Linci dolls have hard features. Also, her dolls have hands and fingers, plus joints in the body. This process is done by stitching the felt, to accent the features, then stuffing the doll to form the shape.

The simplest doll takes 15-20 hours to make, with the more complex ones involving more time.

Peterson is a mother of one daughter, 26, and one son, 19. The advice she gives to students is, "Read beyond what you're having to read in school. We've become non-readers. Our communication skills have suffered as we have become inert to interaction."



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STUDENT AIRFARES: Special student fares to/within Europe, Asia, Australia, Mid-East, Africa. International Students Identity Cards. Low-Cost tours, accomodations. All student travel needs. Student Travel Network, 8949 Reseda Blvd., Suite 201, **886-0804.**